

OUR BOOKS & RESOURCES

Stories that help children and families navigate
the emotional challenges of serious illness
with courage, comfort, and hope.



1 Jackson and the NPO Quest

Supports:

- Preparing for surgery and medical procedures
- Understanding why children cannot eat or drink before anesthesia (NPO)
- Reducing fear and uncertainty before surgery
- Building confidence through preparation and imaginative storytelling

Ideal for: Children preparing for surgery, procedures requiring anesthesia, or other medical experiences involving fasting before treatment.



Medical Education



Emotional Support



Treatment Preparation



Confidence Building



2 Princess Lily Earns Her Beads

Supports:

- Chemotherapy and treatment milestones
- Beads of Courage® programs
- Building confidence during treatment
- Celebrating bravery and resilience

Ideal for: Children undergoing cancer treatment or other ongoing medical care.



Treatment Preparation



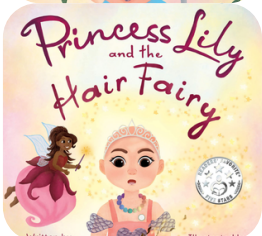
Emotional Support



Confidence Building



Celebration & Milestones



3 Princess Lily and the Hair Fairy

Supports:

- Preparing for hair loss
- Building self-confidence
- Coping with changes in appearance
- Encouraging self-acceptance

Ideal for: Children facing chemotherapy, alopecia, or other causes of hair loss.



Emotional Support



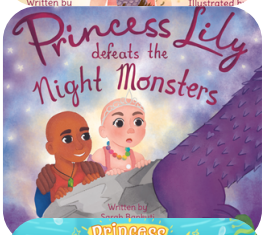
Self-Confidence



Treatment Preparation



Inclusion & Representation



4 Princess Lily Defeats the Night Monsters

Supports:

- Hospital anxiety
- Fear at bedtime
- Worries before procedures
- Building emotional resilience

Ideal for: Children experiencing fear, anxiety, or hospital-related stress.



Emotional Support



Anxiety & Stress Relief



Treatment Preparation



Comfort & Reassurance



5 Princess Alannah's Glowing Adventure

Supports:

- Living with a rare condition
- Feeling different from peers
- Self-esteem and inclusion
- Celebrating uniqueness

Ideal for: Children living with visible or invisible medical conditions or disabilities.



Inclusion & Representation



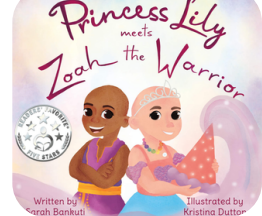
Emotional Support



Self-Confidence



Treatment Preparation



6 Princess Lily Meets Zoah the Brave

Supports:

- Finding courage during difficult times
- Friendship and kindness
- Emotional resilience
- Facing new challenges with confidence

Ideal for: Any child navigating a medical journey or major life challenge.



Emotional Support



Confidence Building



Treatment Preparation



Inclusion & Representation



7 Princess Lily and the Mermaid Lagoon

Supports:

- Sibling support during a child's illness
- Understanding complex emotions
- Building empathy and communication
- Helping siblings feel seen, heard, and included

Ideal for: Siblings of children facing serious illnesses, helping them navigate worry, sadness, and the challenges that come with a brother or sister's medical journey.



Sibling Support



Emotional Support



Empathy & Communication



Inclusion & Representation



Medical Education



Emotional Support



Treatment Preparation



Confidence Building



Inclusion & Representation



Sibling Support



Celebration & Milestones



Self-Confidence



Anxiety & Stress Relief



Empathy & Communication